Rising Stars Activities

2020

Football Clubs

Archer Academy
Christ College
Burnt Oak Leisure Centre
Free Church Hall
Fleet Primary
The Rising Stars Football Club Ethos

The Rising Stars Football club represents a modern, child-friendly approach to youth football, challenging the leagues win-at-all-costs mentality that has previously been stifling development and enjoyment for children.

Specialising in developing primary school-aged children, we offer mixed gender football clubs as well as Girl’s only clubs. Children receive a rounded football education that not only focuses on their physical and technical development but also the psychological and social elements for players.

We have created a pathway for children to progress through our football club and be challenged each step of the way. Innovative training sessions sit at the core of our offerings and we add structured competitive fixtures against selected clubs.

### 2020 Season

#### Clubs // 2020 Season

**THURSDAY**

<table>
<thead>
<tr>
<th>VENUE</th>
<th>CLUB</th>
<th>AGE GROUP/S</th>
<th>TIMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archer Academy</td>
<td>Mixed Club</td>
<td>Year 2 - Year 8</td>
<td>6:00 - 7:00pm</td>
</tr>
</tbody>
</table>

**FRIDAY**

<table>
<thead>
<tr>
<th>VENUE</th>
<th>CLUB</th>
<th>AGE GROUP/S</th>
<th>TIMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Free Church Hall</td>
<td>Pre-Reception Club</td>
<td>Pre-Reception (3-4 yrs)</td>
<td>1:15 - 2:00pm OR 2:15 - 3:00pm</td>
</tr>
</tbody>
</table>

**SATURDAY**

<table>
<thead>
<tr>
<th>VENUE</th>
<th>CLUB</th>
<th>AGE GROUP/S</th>
<th>TIMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archer Academy</td>
<td>Mixed Club</td>
<td>Reception</td>
<td>9:00 - 9:55am OR 10:00 - 10:55am 9:30 - 11:00am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Year 1 - Year 8</td>
<td></td>
</tr>
<tr>
<td>Christ College</td>
<td>Mixed Club</td>
<td>Year 1 - Year 8</td>
<td>9:30 - 11:00am</td>
</tr>
<tr>
<td>Christ College</td>
<td>Girl Only Club</td>
<td>Year 3 - Year 6</td>
<td>9:30 - 11:00am</td>
</tr>
<tr>
<td>Burnt Oak Leisure Centre</td>
<td>Mixed Club</td>
<td>Reception</td>
<td>9:30 - 10:25am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Year 1 - Year 6</td>
<td>9:30 - 11:00am</td>
</tr>
<tr>
<td>Fleet Primary School Hampstead</td>
<td>Mixed Club</td>
<td>Reception - Year 2</td>
<td>10:00 - 11:00am</td>
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*CONTD/...*
**OUR SESSION STRUCTURE**

The Rising Stars coaching philosophy is heavily influenced by the FA’s mini soccer programme as well as European and worldwide training methods that place a key emphasis on ball mastery.

The session structure below shall be followed by our lead coaches:

- Warm up
- Technical Drills
- Game Based Drills
- Small Sided Games
- Presentation

Each session ends with a club presentation where coaches award medals to ‘STAR’ players of the day. It is important for players to be recognized for outstanding contribution and improvements, and for team mates to celebrate the success of others.

**FOOTBALL KITS**

From Year 3, it is compulsory for players to purchase a Rising Stars Football Club kit by clicking the button below:
2019/2020
TERM DATES

AUTUMN TERM 2019
Saturday 7th September - Saturday 14th December
Sunday 8th September - Sunday 15th December
(No session 26/27 October)

SPRING TERM 2020
Saturday 4th January - Saturday 4th April
Sunday 5th January - Sunday 5th April
(No session 22/23 February)

SUMMER TERM 2020
Saturday 25th April - Saturday 18th July
Sunday 26th April - Sunday 19th July
(No session 30/31 May)
Play your best.
Be your best.

Make sure you and everyone around you has a good time on and off the pitch.

Play Your Part
(Code of Conduct)

Young Players

Play your part and support The FA’s Code of Respect:

When playing football, I will:

• Always play my best for the benefit of the team
• Play fairly and be friendly
• Play by the rules and respect the Referee
• Shake hands with the other team - win or lose
• Listen carefully to what my coach tells me
• Understand that a coach has to do what’s best for the team
• Talk to someone I trust or the club welfare officer if I’m unhappy about anything at my club
• Encourage my team mates
• Respect the facilities home & away

I understand that if I do not follow the Code, I may:

• Be asked to apologise to whoever I’ve upset
• Receive a formal warning
• Be dropped, substituted or suspended from training

We only do Positive.
If we behave positively during practice and matches, our children will too.

By setting a good example, we’ll help build a supportive environment in which everyone can enjoy themselves.

Play Your Part
(Code of Conduct)

Spectators and Parents/Carers

Play your part and support The FA’s Code of Respect:

• Have fun; it’s what we’re all here for!
• Celebrate effort and good play from both sides
• Always respect the Referee and coaches and encourage players to do the same
• Stay behind the touchline and within the Designated Spectators’ Area (where provided)
• When players make mistakes, offer them encouragement to try again next time
• Never engage in, or tolerate offensive, insulting or abusive language or behaviour

I understand that if I do not follow the Code, I may be:

• Issued with a verbal warning or asked to leave
• Required to meet with the club committee, league or CFA Welfare Officer
• Obliged to undertake an FA education course
• Requested not to attend future games, be suspended or have my membership removed
• Required to leave the club along with any dependents and/or issued a fine

We ONLY do Positive.
Play Your Part
(Code of Conduct)

Coaches, Team Managers and Club Officials

Play your part and support
The FA’s Code of Respect:

On and off the field, I will:

• Always show respect to everyone involved in the game
• Stick to the rules and celebrate the spirit of the game
• Encourage fair play and high standards of behaviour
• Always respect the Referee and encourage players to do the same
• Never enter the field of play without the referee’s permission
• Never engage in, or tolerate offensive, insulting or abusive behaviour
• Be aware of the potential impact of bad language on others
• Be gracious in victory and defeat
• Respect the facilities home and away

When working with players, I will:

• Place the well-being, safety and enjoyment of each player above everything
• Never tolerate any form of bullying
• Ensure all activities are suited for the players’ ability and age
• Work with others (e.g. officials, doctors, welfare officers, physiotherapists) for each player’s best interests

I understand that if I do not follow the Code, I may be:

• Required to meet with the club or league Welfare officer or your CFA Designated Safeguarding Officer (DSO).
• Suspended by the club from attending matches
• Suspended or fined by the County FA
• Required to leave, lose my position and/or have my license withdrawn

We only do Positive.